



Fen Ditton Primary Physical Education Overview 2020-2021



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception and Year 1	Cambridgeshire Scheme of Work Fundamentals Unit 1 -Bean bags -Hoops -Cones <u>Spatial awareness/ Following Instructions</u> Stopping, starting, finding a space, whole class games e.g. Beans, Traffic Lights, travelling in different ways	Cambridgeshire Scheme of Work Fundamentals Unit 1 -Cones -Variety of balls -Hoops -Spots Yoga Balance Control Focus	Cambridgeshire Scheme of Work Fundamentals Unit 2 -Bean bags -Hoops -Cones Yoga Balance Control Focus	Cambridgeshire Scheme of Work Fundamentals Unit 2 -Cones -Variety of balls -Hoops -Spots Cambridgeshire Scheme of Work Dance – On Parade Marching skills/ create a 3-part marching Dance	Cambridgeshire Scheme of Work Fun Gym Shapes Star, straight, tuck shapes Short movement phrases Holding fun gym shapes for count of 3. Forest School	Athletics Revisit skills learned during Fundamentals unit Prepare for sports day Forest School
	Ongoing: access to the climbing frame, scooters, wobble boards, hoops, low level balance resources, bats, balls, beanbags, skipping ropes					
Years 1 and 2	Cambridgeshire Scheme of Work Fundamentals unit 1 -Cones -Variety of balls -Bean Bags -Hoops -Spots/Markers	Cambridgeshire Scheme of Work Fundamentals unit 2 -Micro-hurdles -Agility ladder -Bibs -Balls -Lines -Cones	Future Planning Gymnastics	Cambridgeshire unit of work- Dance Moving Words	Yoga Smarties Pilates Gymnastics- Rockin and Rollin Cambridgeshire unit of Work	Athletics

Years 2 and 3	Cambridgeshire Scheme of Work Fundamentals unit 1 -Cones -Variety of balls -Bean Bags -Hoops -Skittles -Rackets	FMS – Premier Sport	Cambridgeshire Scheme of Work Fundamentals unit 2 -Cones -Variety of balls -Bean Bags -Hoops	FMS – Premier Sport	Dance unit Cambridgeshire Unit of work- The weather	OAA- Premier Sport	Future Games- Space- Gymnastics	FMS- Premier Sport	Dance Linked with a unit of work	Striking and Fielding- Premier Sport	Cambridgeshire unit of work- Gymnastics	Athletics- Premier Sport
Years 3 and 4	Cambridgeshire Unit of Work Ball handling -Variety of balls -Hoops -Skittles -Cones -Bibs/Bands	Hockey – Premier Sport	Cambridgeshire Unit of Outdoor Adventurous Activities	Basketball – Premier Sport	Cambridgeshire Scheme of Work: Year 3 dance Machines	Tag Rugby – Premier Sport	Cambridgeshire Scheme of work: Year 3 gymnastics patterns and pathways	Mini Tennis- Premier Sport	OAA- Cambridgeshire unit of Work	Kwik Cricket - Premier Sport	Cambridgeshire Unit of Work- Athletics	Athletics- Premier Sport
Years 4 and 5	Sport Education – Danish Longball	Tag Rugby – Premier Sport	Sport Education – Danish Longball	Hockey – Premier Sport	Cambridgeshire Scheme of Work: Year 5 dance on the beach	Basketball – Premier Sport	Jigsaw Unit	OAA- Premier Sport	Gymnastics: Cooperative learning unit	Athletics- Premier Sport	Gymnastics: Cooperative learning unit	Striking and fielding games- Premier Sport

Years 5 and 6	Sport Education – Danish Longball	Basketball – Premier Sport	Sport Education – Danish Longball	Tag Rugby – Premier Sport	Cambridgeshire Scheme of Work: Year 6 dance Football	Hockey – Premier Sport	Jigsaw Unit	OAA- Premier Sport	Gymnastics: Cooperative learning unit	Athletics- Premier Sport	Gymnastics: Cooperative learning unit	Striking and fielding games- Premier Sport
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