



Fen Ditton Primary Relationships and Health Education Overview 2020-2021



Year A

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception <i>Paddington Class</i>	Myself and My Relationships 1 Beginning and Belonging	Myself and My Relationships 3 My Emotions	Myself and My Relationships 2 My Family and Friends – Including Anti-Bullying	Healthy and Safer Lifestyles 1 My Body and Growing Up	Citizenship 1 Identities and Diversity Citizenship 2 Me and My World	Healthy and Safer Lifestyles 2 Keeping Safe (Including Drug Education) Healthy and Safer Lifestyles 3 Healthy Lifestyles
Years 1 and 2 <i>Zog Class</i>	Myself and My Relationships 4 Beginning and Belonging	Citizenship 5 Rights, Rules and Responsibilities	Myself and My Relationships 6 Family and Friends	Healthy and Safer Lifestyles 6 Relationships and Sex Education	Myself and My Relationships 7 Anti-bullying	Healthy and Safer Lifestyles 4 Managing Safety and Risk Healthy and Safer Lifestyles 5 Safety Contexts
Years 2 and 3 <i>Tigger Class</i>	Myself and My Relationships 5 My Emotions	Citizenship 3 Working Together Citizenship 4 Diversity and Communities	Economic Wellbeing 1 Financial Capability	Healthy and Safer Lifestyles 6 Relationships and Sex Education	Healthy and Safer Lifestyles 8 Drug Education Healthy and Safer Lifestyles 9 Personal Safety	Citizenship 5 Rights, Rules and Responsibilities Myself and My Relationships 8 Managing Change
Years 3 and 4 <i>Hodgeheg Class</i>	Myself and My Relationships 10 My Emotions Myself and My Relationships 9 Beginning and Belonging	Citizenship 8 Rights, Rules and Responsibilities	Myself and My Relationships 11 Family and Friends	Healthy and Safer Lifestyles 13 Relationships and Sex Education	Myself and My Relationships 12 Anti-bullying	Healthy and Safer Lifestyles 11 Managing Safety and Risk Healthy and Safer Lifestyles 12 Safety Contexts

<p>Years 4 and 5 <i>Baloo Class</i></p>	<p>Myself and My Relationships 15 My Emotions</p>	<p>Citizenship 10 Diversity and Communities</p>	<p>Economic Wellbeing 3 Financial Capability</p>	<p>Healthy and Safer Lifestyles 17 Relationships and Sex Education Healthy and Safer Lifestyles 20 Relationships and Sex Education</p>	<p>Myself and My Relationships 17 Anti-bullying Myself and My Relationships 16 Family and Friends</p>	<p>Healthy and Safer Lifestyles 18 Managing Safety and Risk</p>
<p>Years 5 and 6 <i>Aslan Class</i></p>	<p>Citizenship 11 Rights, Rules and Responsibilities</p>	<p>Citizenship 9 Working Together</p>	<p>Myself and My Relationships 15 My Emotions</p>	<p>Healthy and Safer Lifestyles 20 Relationships and Sex Education Healthy and Safer Lifestyles 24 Relationships and Sex Education</p>	<p>Citizenship 10 Diversity and Communities</p>	<p>Healthy and Safer Lifestyles 18 Managing Safety and Risk Healthy and Safer Lifestyles 19 Safety Contexts</p>



Fen Ditton Primary Relationships and Health Education Overview 2021-2022



Year B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception <i>Paddington Class</i>	Myself and My Relationships 1 Beginning and Belonging	Healthy and Safer Lifestyles 1 My Body and Growing Up	Myself and My Relationships 2 My Family and Friends – Including Anti-Bullying	Myself and My Relationships 3 My Emotions	Citizenship 1 Identities and Diversity Citizenship 2 Me and My World	Healthy and Safer Lifestyles 2 Keeping Safe (Including Drug Education) Healthy and Safer Lifestyles 3 Healthy Lifestyles
Years 1 and 2 <i>Zog Class</i>	Myself and My Relationships 5 My Emotions	Healthy and Safer Lifestyles 7 Healthy Lifestyles Healthy and Safer Lifestyles 10 Relationships and Sex Education	Citizenship 3 Working Together Citizenship 4 Diversity and Communities	Economic Wellbeing 1 Financial Capability	Myself and My Relationships 8 Managing Change	Healthy and Safer Lifestyles 8 Drug Education Healthy and Safer Lifestyles 9 Personal Safety
Years 2 and 3 <i>Tigger Class</i>	Myself and My Relationships 4 Beginning and Belonging	Healthy and Safer Lifestyles 10 Relationships and Sex Education Healthy and Safer Lifestyles 13 Relationships and Sex Education	Myself and My Relationships 6 Family and Friends Myself and My Relationships 11 Family and Friends	Economic Wellbeing 2 Financial Capability	Healthy and Safer Lifestyles 16 Personal Safety Healthy and Safer Lifestyles 11 Managing Safety and Risk	Myself and My Relationships 13 Managing Change
Years 3 and 4 <i>Hodgeheg Class</i>	Myself and My Relationships 10 My Emotions	Healthy and Safer Lifestyles 17 Relationships and Sex Education Healthy and Safer Lifestyles 14	Citizenship 6 Working Together Citizenship 7 Diversity and Communities	Economic Wellbeing 2 Financial Capability	Myself and My Relationships 13 Managing Change	Healthy and Safer Lifestyles 15 Drug Education Healthy and Safer Lifestyles 16 Personal Safety

		Healthy Lifestyles				
Years 4 and 5 <i>Baloo Class</i>	Citizenship 10 Rights, Rules and Responsibilities	Healthy and Safer Lifestyles 17 Relationships and Sex Education Healthy and Safer Lifestyles 20 Relationships and Sex Education	Citizenship 9 Working Together	Healthy and Safer Lifestyles 21 Healthy Lifestyles	Myself and My Relationships 18 Managing Change	Healthy and Safer Lifestyles 22 Drug Education Healthy and Safer Lifestyles 23 Personal Safety
Years 5 and 6 <i>Aslan Class</i>	Myself and My Relationships 14 Beginning and Belonging	Healthy and Safer Lifestyles 20 Relationships and Sex Education Healthy and Safer Lifestyles 24 Relationships and Sex Education	Myself and My Relationships 16 Family and Friends Myself and My Relationships 17 Anti-bullying	Economic Wellbeing 3 Financial Capability	Myself and My Relationships 18 Managing Change	Healthy and Safer Lifestyles 22 Drug Education Healthy and Safer Lifestyles 23 Personal Safety